

Powel Crosley YMCA Invitational
January 9, 10, 11, 2009
Twice Revised Warm-up Assignments January 7, 2009

Friday	1	2	3	4	5	6	7	8	9
4:30	PCY	PCY	PCY	GMVY	GMVY	KEY	KEY	MY	CY
5:00	SPY	SPY	SPY	BASH	BASH	CFY	CLIP	MCY	GNY
5:00								BKHY	YWSC
5:00								DCY	AMFY
5:00									BVCY

Clear Pool at 5:30 PM Meet begins 5:35 PM Aproximate end 8:30 PM

Saturday AM

East Pool	1	2	3	4	5	6	7	8	9
7:00	GMVY	GMVY	GMVY	BASH	BASH	BASH	KEY	KEY	KEY
7:30	SPY	SPY	SPY	SPY	CFY	CFY	CFY	DCY	KLEP
								BKHY	CLER

West Pool	1	2	3	4	5	6	7	8	9
7:00	CY	CY	MY	CLIP	CLIP	BVCY	BVCY	PCY	PCY
7:30	MCY	MCY	HCFY/GNY	DFY	DFY	SID	SID	YWSC	AMFY

Approximate end Noon

Sunday AM

East Pool	1	2	3	4	5	6	7	8	9
7:00	CY	CY	MY	CLIP	CLIP	BVCY	BVCY	PCY	PCY
7:30	MCY	MCY	HCFY/GNY	DFY	DFY	SID	SID	YWSC	AMFY

West Pool	1	2	3	4	5	6	7	8	9
7:00	GMVY	GMVY	GMVY	BASH	BASH	BASH	KEY	KEY	KEY
7:30	SPY	SPY	SPY	SPY	CFY	CFY	CFY	DCY	KLEP
								BKHY	CLER

Clear Pool 8:00 AM Meet begins 8:05 AM

Approximate end 12:30 PM

Afternoon Warm-ups Both Days

PM Warm-ups	1	2	3	4	5	6	7	8	9
East 12:00	PCY	PCY	PCY	GMVY	GMVY	GMVY	KEY	KEY/BVCY	MY
East 12:15	BASH	BASH	BASH	CY	CY	CY	CLIP	CLIP	CLIP
West 12:00	CFY	CFY	CFY	SID	SID	MCY	MCY	BKHY	YWSC
West 12:15	SPY	SPY	SPY	SPY	DCY/HCFY	AMFY	AMFY/GNY	DFY	KLEP/CLER

Clear pool 12:30 Meet begins 12:35

approximate end before 5:00 PM