

2009 - 2010

Adopted September 2008

QUALIFYING TIMES 2009 - 2010 TIMES FOR 25 METER COURSES

8 and Under

Girls						
National	Zone	AA	Event	Boys	Zone	National
		:19.85	25 Free	:19.96		
	:34.02	:44.52	50 Free	:44.63	:34.69	
	1:15.65	1:40.43	100 Free	1:40.43	1:16.99	
		:23.98	25 Back	:24.09		
	:40.05		50 Back		:41.17	
		:26.77	25 Breast	:27.22		
	:44.85		50 Breast		:46.86	
		:22.86	25 Fly	:23.64		
	:38.71		50 Fly		:39.94	
	1:27.37	1:55.05	100 IM	1:56.06	1:29.27	
		1:27.04	100 Free Relay	1:27.04		
		1:39.31	100 Medley Relay	1:37.08		

9 and 10

National	Zone	AA	Event	AA	Zone	National
	:34.02	:36.70	50 Free	:36.03	:34.69	
	1:15.65	1:22.24	100 Free	1:23.80	1:16.99	
	2:48.40	2:59.67	200 Free	3:04.14	2:51.08	
	:40.05	:43.18	50 Back	:44.40	:41.17	
	:44.85	:48.53	50 Breast	:50.77	:46.86	
	:38.71	:43.06	50 Fly	:44.07	:39.94	
	1:27.15	1:33.73	100 IM	1:35.30	1:29.27	
	2:26.52	2:33.44	200 Free Relay	2:36.23	2:30.65	
	2:46.61	2:54.54	200 Medley Relay	2:53.09	2:54.09	

11 and 12

National	Zone	AA	Event	AA	Zone	National
:28.11	:30.79	:33.02	50 Free	:33.24	:30.45	:25.10
1:00.92	1:07.28	1:12.53	100 Free	1:13.64	1:07.28	:54.89
2:10.90	2:29.65	2:39.58	200 Free	2:39.58	2:29.54	1:59.07
4:32.78		5:35.07	400 Free	5:35.07		4:13.97
	:35.92	:39.16	50 Back	:39.60	:36.37	
1:08.29	1:18.00	1:26.93	100 Back	1:25.92	1:19.11	1:02.37
	:40.16	:43.85	50 Breast	:45.41	:40.61	
1:17.66	1:28.49	1:36.97	100 Breast	1:37.08	1:31.06	1:10.07
	:34.25	:38.04	50 Fly	:39.05	:34.36	
1:07.28	1:20.12	1:28.04	100 Fly	1:28.27	1:22.46	1:00.47
	1:18.22	1:23.69	100 IM	1:24.81	1:18.56	
2:28.42	2:50.85	3:03.02	200 IM	3:05.25	2:53.87	2:13.58
1:53.82	2:08.89	2:15.25	200 Free Relay	2:18.27	2:12.35	1:41.55
2:06.77	2:25.30	2:32.89	200 Medley Relay	2:35.79	2:32.10	1:53.71

13-14						
National	Zone	AA	Event	AA	Zone	National
:28.11	:29.45	:30.68	50 Free	:29.56	:27.66	:25.10
1:00.92	1:04.27	1:06.95	100 Free	1:04.49	1:00.25	:54.89
2:10.90	2:19.94	2:26.19	200 Free	2:21.17	2:12.80	1:59.07
4:32.78	4:57.45	5:08.82	500 Free	5:02.70	4:44.68	4:13.97
1:08.29	1:13.53	1:18.33	100 Back	1:15.99	1:10.41	1:02.37
2:27.19		2:46.61	200 Back	2:36.46		2:14.25
1:17.66	1:24.81	1:30.39	100 Breast	1:27.71	1:20.12	1:10.07
2:47.62		3:08.38	200 Breast	2:56.66		2:33.22
1:07.28	1:13.09	1:18.11	100 Fly	1:15.88	1:10.07	1:00.47
2:29.54		2:48.06	200 Fly	2:38.80		2:16.14
2:28.42	2:39.81	2:48.85	200 IM	2:44.05	2:31.88	2:13.58
5:15.39		6:00.25	400 IM	5:40.94		4:51.61
1:53.82	2:04.20	2:09.89	200 Free Relay	2:04.98	1:59.63	1:41.55
2:06.77	2:19.60	2:26.64	200 Medley Relay	2:18.93	2:15.36	1:53.71

15 - 18						
National	Zone	AA	Event	AA	Zone	National
:28.11	:28.67	:29.67	50 Free	:26.66	:25.65	:25.10
1:00.92	1:02.37	1:03.93	100 Free	:58.02	:55.90	:54.89
2:10.90	2:15.70	2:19.49	200 Free	2:09.45	2:03.53	1:59.07
4:32.78	4:48.61	4:57.36	400 Free	4:39.95	4:27.79	4:13.97
1:08.29	1:11.75	1:14.09	100 Back	1:08.18	1:04.94	1:02.37
1:17.66	1:21.01	1:26.48	100 Breast	1:15.99	1:13.76	1:10.07
1:07.28	1:10.97	1:13.76	100 Fly	1:06.72	1:03.49	1:00.47
2:28.42	2:34.34	2:40.81	200 IM	2:27.42	2:22.51	2:13.58
4:05.97	4:23.38	4:22.37	400 Free Relay	4:06.75	3:57.82	3:41.86
2:06.77	2:14.02	2:20.94	200 Medley Relay	2:06.21	2:04.98	1:53.71

Seniors						
National	Zone	AA	Event	AA	Zone	National
9:18.13	10:01.74	10:36.73	800 Free	9:52.99	9:32.43	8:52.01
17:38.61	18:56.18	19:57.29	1500 Free	18:35.04	18:07.82	16:32.21
	:33.58		50 Back		:31.01	
2:27.19	2:34.89	2:42.15	200 Back	2:29.87	2:25.63	2:14.25
	:37.82		50 Breast		:34.69	
2:47.62	2:54.20	3:01.79	200 Breast	2:46.39	2:46.39	2:33.22
	:32.35		50 Fly		:29.34	
2:29.54	2:39.92	2:44.38	200 Fly	2:34.34	2:33.78	2:16.14
5:15.39	5:38.38	5:47.08	400 IM	5:29.11	5:20.30	4:51.61
1:53.82	1:58.40	2:02.53	200 Free Relay	1:50.59	1:48.24	1:41.55
8:52.57	9:40.79	10:02.66	800 Free Relay	9:06.86	8:55.70	8:03.91
2:06.77	2:14.02	2:20.94	200 Medley Relay	2:06.21	2:04.98	1:53.71
4:33.98	4:52.51	5:00.32	400 Medley Relay	4:35.43	4:28.40	4:07.64