

28th ANNUAL DAVID A. HEWITT WINTER POLAR BEAR
December 4th-6th 2009
Countryside YMCA

Please pass along the following information concerning parking and building restrictions as well as warm-up assignments and timelines. Be aware that Sunday afternoon warm-ups start ½ later than Saturday afternoon.

Friday evening session:

Please park in the **South Lot** (by the outdoor pool) and walk to the front of the building entering at the “F” entrance. Building use during the meet will be restricted to the pool, boys/girls locker rooms, concessions, and the team areas only.

Saturday and Sunday sessions:

Please park in the **South Lot** (by the outdoor pool) and use the “Swim Meet” (blue Sign) building entrance at the Child Care wing. Absolutely, No parking in the child care lot.

Polar Bear Competition Notes:

We will accept deck entries only in empty lanes. No new heats will be created. Please do not bring folding chairs to set up on deck. There will be concessions available throughout the meet.

Warm-Up Assignments:

5:30 p.m. Meet

Finish 9:00 p.m.

Friday	1	2	3	4	5	6	7	8
4:30-5:25	Open	Open	Open	Open	Open	Open	Open	Open

8:00 a.m. Meet

Sat. Finish 12:15 p.m.

Sun. Finish 1:00 p.m.

Sat./Sun	1	2	3	4	5	6	7	8
6:30-7:00	CY	CY	CY	CY	CY	CY	CY	CY
7:00-7:30	GMVY	GMVY	GMVY	GMVY	GMVY	GMVY	CFY	CFY
7:30-8:00	BASH	BASH	BASH/DFY	CLIP	Clip/CCYC	MY	MY/LAKY	LAKY

1:30 p.m. Meet

Sat. Finish 5:15 p.m.

Saturday	1	2	3	4	5	6	7	8
12:30-12:45	CY	CY	CY	CY	CY	CY	CY	CY
12:45-1:00	CLIP	CLIP	CLIP	CLIP	CLIP	MY	MY	LAKY
1:00-1:15	CFY	CFY	CFY	CFY	GMVY	GMVY	GMVY	GMVY
1:15-1:30	BASH	BASH	BASH	BASH	BASH	LAKY	LAKY/ CCYC/ ABLY	OPEN

2:00 p.m. Meet

Sunday Finish 5:00 p.m.

Sunday	1	2	3	4	5	6	7	8
1:00-1:15	CY	CY	CY	CY	CY	CY	CY	CY
1:15-1:30	CLIP	CLIP	CLIP	CLIP	CLIP	MY	MY	LAKY
1:30-1:45	CFY	CFY	CFY	CFY	GMVY	GMVY	GMVY	GMVY
1:45-2:00	BASH	BASH	BASH	BASH	BASH	LAKY	LAKY	OPEN